

Smithville Christian High School presents

The Teen Brain and Spiritual Development

April 29, 2010

9 am to 2 pm

Smithville Christian High School invites youth pastors and youth workers to a free, one-day professional development workshop designed to inspire and inform those who work with youth.

Continental breakfast, lunch and refreshments provided.

Registration details and information about the presenter, Marie Good, can be found on the reverse.

Smithville Christian High School
6488 Townline Road
Smithville, Ontario
905-957-3255
www.sdch.on.ca

***Belong.
Believe.
Succeed.***

Making the Most of a Critical Time

**PRESENTER: MARIE GOOD, RESEARCHER
ADOLESCENT DEVELOPMENT LAB
BROCK UNIVERSITY**

**EACH PRESENTATION WILL
BE FOLLOWED BY A Q&A
SESSION AND DISCUSSION**

SESSION 1: WHAT'S WITH TEENAGERS AND THEIR SEARCH FOR IDENTITY?

Cognitive development and identity development: exploring adolescent cognitive thought, meta-cognitive thought and the search for identity.

Does the adolescent search for identity facilitate religious and spiritual questioning?

What impact do spiritual and religious beliefs have on identity development?
What are the turning points for identity development in adolescents?



SESSION 2: THE TEEN BRAIN AND RELIGION



Adolescent Brain Development 101: The cognitive control system and socio-emotional system.

How does the development of the teen brain affect faith commitment decisions?

How does stress in adolescence affect faith commitment decisions?

SESSION 3: THE TEENAGE CONVERSION – DOES IT LAST?

Are commitments made in adolescence more likely to “stick” than adulthood or childhood conversions?

SESSION 4: IT'S WORTH IT, WHY YOUTH GROUPS MATTER

Is youth group just another social club? The evidence for religious activities as a unique context for positive development in adolescence.

Registration

The Teen Brain and Spiritual Development

April 29, 2010, 9 am to 2 pm

Admission is free, but to ensure adequate space and refreshments, participants are asked to register in advance by contacting Smithville Christian High School at 905-957-3255 or Marlene Bergsma at mbergsma@sdch.on.ca.

Please call or email with your name, position, organization, phone number and email address.

Deadline for registration is April 26.

Please also feel free to pass on this brochure or to invite a friend or colleague who may be interested.

Smithville Christian High School



6488 Smithville Townline Road
Smithville, Ontario
L0R 2A0

Phone: 905-957-3255
Fax: 905-957-3431

E-mail: mbergsma@sdch.on.ca
www.sdch.on.ca

Smithville Christian High School is an independent Christian School in the heart of Niagara Region. Established in 1980, it educates teens for lives of Christian service.

Smithville Christian is excited about the impact we are having in training kingdom citizens. Our school is a friendly, lively welcoming place, where students of all denominations and walks of life are impacted daily by the instruction and example of caring Christian teachers.

Every day, in every class and extra-curricular activity, our students learn that our world belongs to God and that they have a role in shaping it for Christ.

Belong. Believe. Succeed.

Marie Good Adolescent Development Lab Brock University

BA 2004, Brock University
Child and Youth Studies

MSc 2006, University of Guelph
Family Relations and Human
Development

Marie Good is completing her PhD at Brock University and is a member of Brock's groundbreaking Adolescent Development Lab. She is currently researching the factors that predict how and why adolescents change over time, particularly in regard to positive and negative behaviour. She has a special interest in how personal spirituality and involvement in religious activities can predict behaviour in adolescence and into adulthood.

Among her many publications, Good is the co-author of "Just another club? The distinctiveness of the relation between church attendance and adolescent psychosocial adjustment," and of "Adolescence as a Sensitive Period for the Development of Spirituality."

For more on Good's research and publications visit:

http://www.brocku.ca/adolescentdevelopmentlab/marie_good.php

